



Connecticut
DENTAL HYGIENISTS'
ASSOCIATION

Nutmeg 2025 Hybrid Schedule

In Person Events

Additional fees to attend *in person* events for discounted pricing see your member emails

Friday, November 7th | 6:30 PM- 10:00 PM | [click here to reserve your spot](#)

- **Celebration Dinner - *Brazi's*** 201 Food Terminal Plaza, New Haven, CT (Pay for what you order at Brazi's)

Saturday, November 8th | 8:30 AM- 4:30 PM | Hotel Marcel

- **House of Delegates** (\$45.00) *or online* (no fee) [Click here to register for HOD](#)

In person at Hotel Marcel in New Haven

Saturday, November 8th | 6:30 PM - 11:00 PM | Hotel Marcel 

- **Red Shoe Gala** (\$100.00 special discounts for students and recent grads) [Click here to register for RSG](#)

Honoring the Mabel C McCarthy Award recipient, Merit Award recipient and meet the new Board of Trustees

Sunday, November 9th | 9:30 AM - 2:00 PM | 4 CE Credits | Hotel Marcel

- **Nutmeg Brunch Please be prompt CE starts at 9:30 with light breakfast and a lunch break**

(\$90.00 fee special discounts for ADHA members, students and recent grads) [Click here to register for this in person CE course](#)

The Mindful Mouth: Supporting Patients and Clinicians Through Stress-Aware Dentistry

-Cathie Collier, RDH B.Ed, MS

-Mary Frances, RSS, RYT, CDA, Reik Master and -Tina Sicsico BS, RDH

Online Continuing Education Program

One fee for Zoom Courses \$95 for 10 credits

ADHA members, 2025 DH Grads and students receive discounts see emails for codes

[Click here to register for virtual courses](#)

Monday, November 10th | 6:30PM - 8:00PM | 2 CE

Cultural Cuisine and Traditional Diets Support Oral Health

-Ellen Karlin MMSc, RDN, LDN, FADA

-Sara Karlin, DDS

Wednesday, November 12th | 6:30PM - 8:30PM | 2 CE

- **Hygiene Department Mastery: Delivering Ultimate Patient Care**

- Debbie Seidel-Bittke, RDH, BS Sponsored by



Thursday, November 13th | 6:30PM - 8:30 PM | 2 CE

- **How to Use AI in Your Practice Today – Practical Applications for Every Position**

-Dr. Katheryn Alderman, DDS



Monday, November 17th | 6:30PM - 8:30PM | 2 CE

- **Hydroxyapatite: A Fresh Approach to Remineralization**

-Dr. Derek Gatta Sponsored by RiseWell X

RiseWell

Tuesday, November 18th | 6:30PM - 8:30PM | 2 CE

- **Understanding the Connection, Impact, and Importance of Oral Systemic Health as a Dental Professional**

-Dr. Stacy Onofrietii, RDH, PHD